



Harness the Power of Strengths at Work

Strength-Based Approach: Positive Psychology

Positive psychology has for many years been uncovering compelling research on the power of having a focus on what is strong in us, not what is wrong with us, and how much difference this can bring to our workplace performance.

In this workshop you will have the opportunity to:

- Explore strength based leadership
- Complete your own strengths assessment
- Understand your signature strengths
- Learn how to spot strengths in others
- Consider the conditions to motivate and enable success

You will also have the opportunity to reflect on how to apply these insights in your workplace and beyond. This is an ideal methodology for increasing levels of positive engagement at individual, team and organisational levels such that people and performance can thrive.

Session Details

Date:

Thursday 20 February 2020

Location:

Stamford Plaza
111 Little Collins Street,
Melbourne

Session Time:

8:45am arrival for 9:00am start.
Session will conclude at 11:45am.

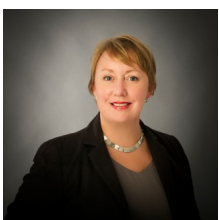
Attendance at the Forum is complimentary and will include light refreshments.

Please RSVP to:

Tom Hatch on 03 8632 9952 or
email thatch@dfp.com.au

by Friday 14 February 2020

dfp.com.au



The Facilitator

As the director of Vicissitude, Susan Crawford works with senior leadership teams and frontline leaders, both individually and collectively, to hone strategies and skills that are required to achieve high performance and build engaged and productive workplaces. Susan is an experienced educator, consulting psychologist and facilitator with broad experience across all business sectors.