

## Neuroscientific insights for the workplace

We sometimes forget that in order to get the best from ourselves and others, it is useful to understand how we work. To do this effectively it is imperative to understand our brains. Sometimes described as the new frontier of scientific exploration, the human brain offers new and amazing insights every year.

This session aims to showcase the current, relevant brain science findings that have application in our workplaces.

In particular we will review and apply neuroscientific insights that explain:

- How to create an engaged and positive workplace culture
- How to reduce the negative impact of change
- How to increase levels of innovation and creativity

In this practical, interactive workshop we will have opportunities to learn, reflect on and apply the rich information that neuroscience yields.

### Session Details

**Date:**

Wednesday 20 March 2019

**Location:**

The Grace Hotel  
77 York Street,  
Sydney

**Session Time:**

8:45am arrival for 9:00am start.  
Session will conclude at 11:45am.

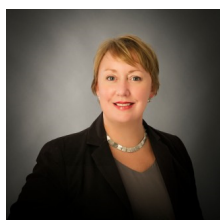
Attendance at the Forum is complimentary and will include light refreshments.

**Please RSVP to:**

Denise Eriksson on 02 9200 3689 or  
email [deriksson@dfp.com.au](mailto:deriksson@dfp.com.au)  
**by Friday 15 March 2019**

**dfp.com.au**

### The Facilitator



As the director of Vicissitude, Susan Crawford works with senior leadership teams and frontline leaders, both individually and collectively, to hone strategies and skills that are required to achieve high performance and build engaged and productive workplaces. Susan is an experienced educator, consulting psychologist and facilitator with broad experience across all business sectors.