DFP Professional Forum Melbourne





Many organisations are starting to understand the solid links between individual wellbeing and organisational performance, but most are yet to fully harness the productivity gains this can bring. It can be challenging to translate this knowledge into a wellbeing strategy that will produce tangible, positive organisational outcomes. Whilst many organisations demonstrate an interest in staff wellbeing, most get stuck in ad hoc initiatives which, while not unhelpful, tend not to reach the people who could benefit the most.

In this session we aim to provide a good understanding of the key factors that drive wellbeing at work. We will also illustrate with a detailed case study from corporate Australia, showcasing a successful strategic wellbeing initiative.

Our facilitator will take participants through the following:

- Understanding the benefits of a focus on staff wellbeing
- The key differences between strategic approaches and ad hoc programs •
- A comprehensive, research-based model of workplace wellbeing
- A case study of a strategic wellbeing initiative
- Table-based activities designed to get you started on your organisation's wellbeing strategy
- A Q&A session that allows participants the opportunity to get answers to their workplace wellbeing questions.

This interactive session will focus on helping you to rethink your wellbeing strategy. It will assist you to achieve a focus on initiatives that can help your organisation to ensure that you have thriving, positive workers who drive productivity and performance so that your organisation also thrives.



The Facilitator

FBG Group provides high quality, customised performance management and organisational consulting services. Susan Crawford is a Principal Consultant at FBG where she works with a wide variety of clients on people and performance matters. Susan is an experienced educator, consulting psychologist and facilitator with broad experience across all business sectors.

Session Details

Date: Thursday 13 August 2015

Location: Stamford Plaza **III** Little Collins St Melbourne, VIC 3000

Session Time:

8:30am arrival for 8:45am start. Session will conclude at 11:30am.

Attendance at the Forum is complimentary and will include light refreshments.

Please **RSVP** to: Tom Hatch on 03 8632 9952 or email thatch@dfp.com.au by Friday 7 August 2015

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