



DFP Professional Forum - Sydney

HIGH-PERFORMING TEAMS IN A MODERN ORGANISATION

Lifting productivity without burn out

High-Performing Teams in a Modern Organisation is an interactive workshop designed for leaders who want to lift productivity without burning people out.

In today's modern organisations, performance challenges are rarely about effort or capability alone. They are shaped by competing priorities, unclear decision rights, hidden dynamics, and ways of working that haven't kept pace with complexity. This workshop helps participants make sense of what is really getting in the way of team performance — and what actually enables teams to do their best work.

Through practical frameworks, live reflection, and facilitated group exercises, participants will explore how high-performing teams operate in uncertain environments: how they create clarity, share responsibility, regulate pressure, and adapt ways of working as conditions change. Rather than defaulting to quick fixes or productivity hacks, the session focuses on building the conditions that allow performance to emerge and be sustained.

The workshop is highly participatory, drawing on real challenges from participants' own teams. Participants will leave with sharper insight into their team dynamics, a clearer view of where productivity is being lost, and practical actions they can test immediately to improve focus, collaboration, and performance.

SESSION DETAILS

Date:

Thursday 23 April 2026

Location:

Swissotel Sydney,
68 Market St, Sydney

Session Time:

8:45am arrival for 9:00am start.
Session will conclude at 11:45am.

Attendance at the Forum is complimentary and will include light breakfast and morning tea.

Please RSVP to:

Tom Hatch on 03 8632 9952 or
email thatch@dfp.com.au
by Friday 17 April 2026

The Facilitator: Justina Stromnes - Organisational Psychologist and Principal at Bendelta



Justina is a registered Organisational Psychologist, Principal Consultant at Bendelta and accredited as a Global Leadership Coach by the Global Leadership Association. An experienced leadership development expert, top team and executive coach with over 25 years' experience, Justina helps leaders and teams develop new mindsets for thinking, acting and leading.